



# Cathedral Square

*Advancing Healthy Homes, Caring Communities & Positive Aging since 1977*



*Presented by:*  
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# Cathedral Square Senior Living



**Theresa Lortan 36-year  
CSC Resident**





# Cathedral Square HOUSING OPTIONS

Total # of apts.

## BURLINGTON

1	Cathedral Square Assisted Living	40
2	Cathedral Square Senior Living	68
3	Heineberg Senior Housing	82
4	Independence Place (for ANEW Place participants)	7
5	Juniper House (occupancy spring 2021)	70
6	McAuley Square	55
7	Monroe Place (for Howard Center participants)	16
8	Ruggles House	15
9	Scholars House (priority for parents continuing their education)	12
10	Thayer House	69

## COLCHESTER

11	Holy Cross Senior Housing	40
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## ESSEX & ESSEX JUNCTION

12	Town Meadow Senior Housing	48
13	Whitcomb Terrace (barrier free)	19
14	Whitcomb Woods	65

## HINESBURG

15	Kelley's Field	24
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## JERICO

16	Jeri Hill	24
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## MILTON

17	Elm Place	30
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## RICHMOND

18	Richmond Terrace	16
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## SOUTH BURLINGTON

19	Allard Square	39
20	Grand Way Commons	91
21	South Burlington Community Housing	10

## ST. ALBANS

22	Four Winds	44
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## SHELBURNE

23	Wright House	36
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## WILLISTON

24	Memory Care at Allen Brook (dementia care)	14
25	Whitney Hill Homestead	44
26	Williston Woods (home ownership co-op)	112



For details about these and other housing options available through Cathedral Square and our regional nonprofit partners, visit us online at [CathedralSquare.org/Housing](https://CathedralSquare.org/Housing).

# Funding Sources

- HUD 202
- Rural Development
- Tax Credit

## QAP CAP

- 2014 = only senior housing funded by HUD 202, RD 515, or AHP
- 2015 = 25% cap on senior housing
- 2021 = 30% cap on senior housing



# Where do we build?

## Designated Downtown areas nearby...

- Transportation
- Services
- Shopping
- Health centers
- Pharmacies
- Libraries
- With community infrastructure
- With community involvement



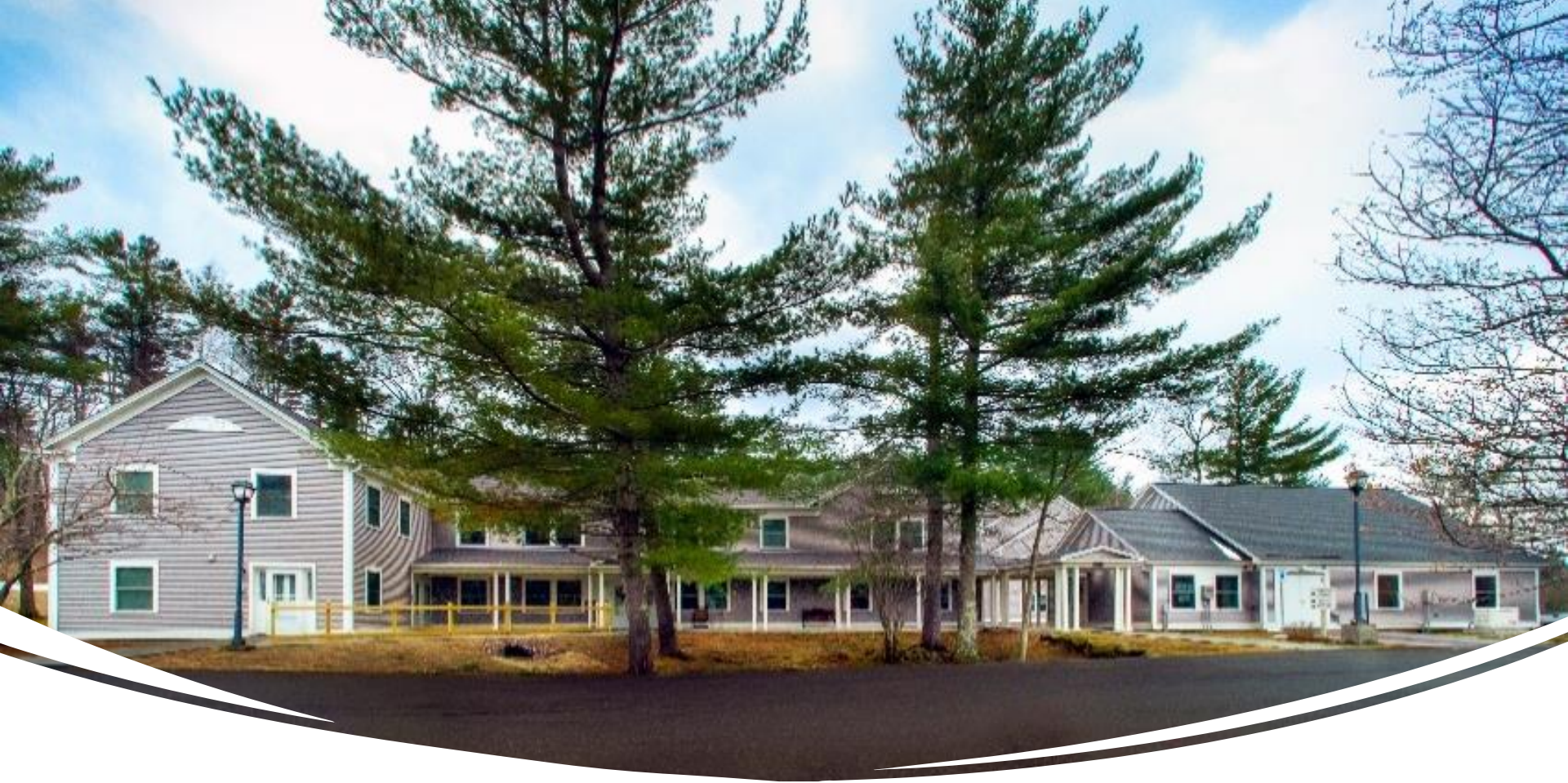
# Design features for positive, active aging



- Two elevators
- Handrails
- Intentional lighting
- Accent walls
- Memory shelves
- Door peepholes
- Color contrasts/switch plates
- Flooring transitions
- Countertops heights
- Wheelchair accessibility
- Bathroom size
- Showers
- Exercise space
- Cubbies







# Whitney Hill

- New construction in 1992
- \$2.8M
- 3 sources (tax credits, VHCB, VHFA Loan)
- \$63,636 cost per unit





# Whitney Hill Rehab

- In 2021, \$6.78M
- 3 sources (tax credits, VHCB, VHFA Loan) + 9 others
- \$154,234 cost per unit



Creating cultures of health and well-being,  
where people live, throughout Vermont.



# Outcome: Reduced Medicare & Medicaid Spending

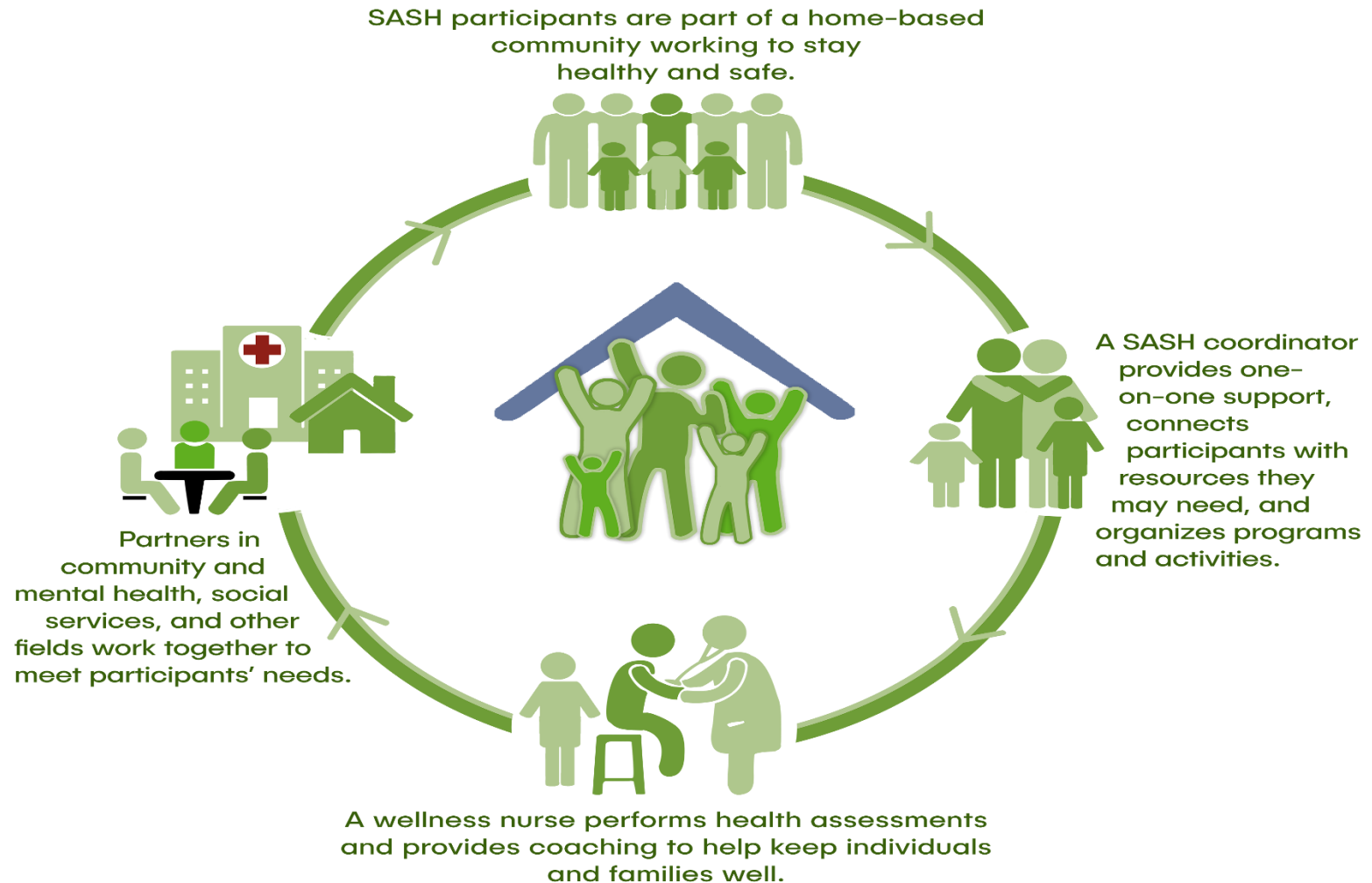
**KEY FINDING** from October 2018 and March 2017 analysis by third-party evaluator:

**SASH is helping Vermonters stay in their homes as they age  
and not move to long-term care settings.**



- SASH participants living in affordable-housing communities where SASH is based AND participants in all rural panels (i.e., outside Chittenden County), showed a statistically significant reduction in growth in Medicaid spending for nursing-home care.
- Independent federal evaluation found statistically significant Medicare savings of \$1,227 per person per year.

# New Initiatives - SASH for ALL





# HOME MODIFICATION PROGRAM



Before



After

Goal: The program aims to reduce risk of falling, improve general safety, and increase accessibility through low-cost, low barrier, high impact home modifications.

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Our Occupational Therapist will meet with each homeowner

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Assess the home and participant

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Create a plan for individualized interventions and home modifications

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A Home Modification Technician will then work with the home owner to implement the recommended modifications

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All time and repairs are FREE to the homeowner



# Bayview Crossing



**30 homes in South Hero**

# Supporting age-friendly communities

Support	Support the need for age specific housing
Raise or eliminate	Raise or eliminate QAP cap
Increase	Increase tax credits allocated to VT (federal)
Support and increase	Support and increase services like SASH in all types of housing







Any Questions?